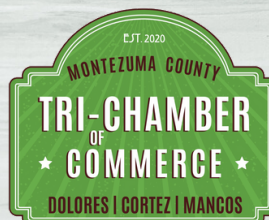


# BACK-TO-BUSINESS Toolkit



Brought to you by:







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**INFORMATION UPDATES:**  
visitdolores.com/back-to-  
business-toolkit

# What's Inside...

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Dear Business Owner,

The purpose of this toolkit is to help business owners get the information they need in order to open, what steps should be taken to put you on the best path of success, and how to assess your business needs.

This year of COVID-19 is anything but business as usual and is truly uncharted territory for you, as well as your employees and your customers.

Reopening must be balanced with careful planning and diligent follow through to help protect those that depend on you for employment and those that rely on your goods and services.

Remember, we only have one shot at opening the right way, and each business could have a profound affect on whether everyone gets shut down again.

Things to consider:

- What inventory, supplies, equipment and other items do you have or need?
- What kinds of government assistance you might be able to access?
- What's the feedback from employees, customers, suppliers and creditors/investors?
- What's your business's financial position?
- Have any of your key customers and/or suppliers been affected by the disaster, and if so, how will this impact your business?
- What will be your sanitation and disinfection process? Assessing the health and temperature of your employees? Social distancing measures? Training your employees on the process?
- What online updates and notifications do you need to do?
- Do you need to change the way you do business to reach your customers?
- How will you market and advertise your reopening?

Lastly, We have provided information directly from resources such as the Center for Disease Control (CDC), Colorado Association of Local Public Health Officials (CALPHO), Occupational Safety and Health Administration (OSHA) and others, but understand this guidance is advisory in nature and informational in content. It may or may not be a standard or a regulation, and it neither creates new legal obligations nor alters existing obligations.

## Indicators that must be met to move into the Stabilization Phase



- 1. A sustained decrease in cases for at least 14 days**
  - a. Measured by new cases per day, self-reports (where applicable), and positivity rates
  - b. Proxy measurement - new cases among healthcare workers
  - c. Proxy measurement - outbreaks and/or new cases within skilled nursing facilities
  - d. Proxy measurement - hospital admission for COVID-19



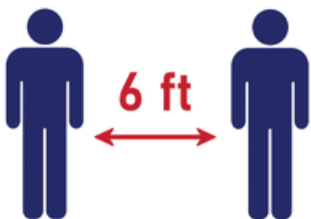
- 2. Hospitals are safely able to treat patients without resorting to crisis standards of care**
  - a. Hospital census - regional census may be helpful
  - b. Access to regional alternative care center or regional plans are in place
  - c. Hospitalizations are stable or decreasing



- 3. Testing can be performed for all people with symptoms consistent with COVID-19 infection**
  - a. Working towards testing capacity that is routinely accessible to every person who is symptomatic within 24 hours and results can be returned within 12-24 hours of specimen collection.



- 4. Active monitoring can be accomplished for all COVID-19 cases and their contacts**
  - a. Isolation orders can be delivered within 6 hours of case report
  - b. Active monitoring and isolation must be in place
  - c. Capacity improved and maintained at state and local level with roles delineated
  - d. Enforcement capacity and process is clear in every jurisdiction







- 5. Clear protocol in place that requires social distancing and assists with case identification**
  - a. Older adults (age 60 and older) and individuals with underlying medical conditions that are at increased risk of serious COVID-19 are encouraged not to attend (including employees) or to tele-work where possible.
  - b. Employees must be screened for COVID-19 symptoms each day. Anyone symptomatic will be excluded from work for at least 7 days, will be tested within 48 hours, and will have face coverings provided for all household members.
  - c. Social distancing measures must be employed to ensure that employees and the public can easily maintain a minimum of 6 foot distance.
  - d. Social distancing protocol is provided to all employees and available to any customer
  - e. Enforcement capacity and process is clear in every jurisdiction

**Getting to the Recovery Phase will require that vaccine is widely available**



## Approach for the Stabilization Phase - The New Normal

 <b>Actions</b>	 <b>Green Circle</b> Initial reopening Meet the 1-5 Criteria	 <b>Blue Square</b> 4-8 weeks after initial reopening No significant increase in cases Criteria 1-5 met & maintained	 <b>Black Diamond</b> 8-16 weeks after initial reopen No significant increase in cases Criteria 1-5 met & maintained
Hand Hygiene	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Cough/sneeze etiquette	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Minimum of 6 feet distance between individuals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Protect most susceptible individuals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Symptom screening	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Report and test	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Face covering in public if minimum 6 feet distance can't be kept	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Face covering for sick individuals	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Isolate	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Case contact active monitoring and face covering	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Phased Reopening</b>			
Critical Business	Operate with social distancing protocol and exempted from gathering size		
Gathering Size increased	10	25-50	250
High risk businesses	Re-open with guidance	Continue with guidance	Continue with guidance
Medium risk businesses	Re-open with guidance	Continue with guidance	Continue with guidance
Low risk businesses	Re-open with guidance	Continue with guidance	Continue with guidance
Special Events	No	With social distance protocol	With social distance protocol
Restaurants	Delivery and take out only	With social distance protocol	With social distance protocol
Bars	No	With social distance protocol	With social distance protocol
K-12	No	Re-open with guidance	Continue with guidance
Child care	Open with guidance	Continue with guidance	Continue with guidance
Summer Camps	No	Re-open with Guidance	Continue with guidance
Recreation and sports	Reopen with restrictions	Expand by gathering size	No Limit
Incoming Travel	Strictly limited	Limited	Open



## Closure Criteria

Action	Tighten immediately (if not already on)	Maximum tightening
Wash hands often	Already on	Continue
Cover coughs	Already on	Yes
Don't go out if sick	Already on	Yes
Face mask if sick to go out	Already on	Yes
Face mask for all in community	No	Consider
Surface and object cleaning	Already on	Yes
Increase ventilation	Already on	Yes
Quarantine of contacts of cases	Already on	Yes
Physical distancing to 6 feet when possible – avoid crowding	Turn on	Yes
Stop visits to nursing homes, hospitals, congregate facilities	Already on	Yes
Ban all gatherings including religious (above 10, 50 people)	Yes for 50 or more*	Yes, all non-household
Restaurant closures	Open – only delivery/to go	Open - only delivery/ to go
Bar closures	Open – only delivery/to go	Turn on
Special situation business closures**	Partial closure*	Yes, all
General business closures (non-essential)	Turn on	Yes
University closures	Yes (Online encouraged)	Yes (Online encouraged)
K-12 closures	Yes (Online encouraged)	Yes (Online encouraged)
Day care closures	Yes	Yes
Quarantine of travelers from high-prevalence areas	Yes, voluntary	Yes, mandatory

\*People over age 60 and those who are medically vulnerable , including employees, continue to shelter in place, including employees.

\*\*Special business situations include strategically important entities (e.g., infrastructure), entities which can reopen while ensuring safe commute, physical distancing, exclusion of anyone ill, and mandatory handwashing/sanitizing at entry and periodically during day.



**COLORADO**  
Department of Public  
Health & Environment

# Safer at Home

## Public Health Orders and Guidance

### PUBLIC HEALTH ORDER 20-28: SAFER AT HOME

GUIDANCE FOLLOWS ON: CHILD CARE | EDUCATION P-12 | EDUCATION - HIGHER ED | FIELD SERVICES & REAL ESTATE | LIMITED HEALTH CARE SETTINGS

LOCAL AND PERSONAL RECREATION | NURSING HOMES & CONGREGATE CARE FACILITIES | OFFICE-BASED BUSINESSES | RETAIL

### Best practices for **all** businesses, essential and non-essential

WORKSITES	EMPLOYEES	TO PROTECT CUSTOMERS
<ul style="list-style-type: none"><li>• Deputize workplace coordinator(s) charged with addressing COVID-19 issues</li><li>• Maintain 6-foot distancing when possible, and discourage shared spaces</li><li>• Frequently sanitize all high-touch areas (<a href="#">Additional Guidance</a>)</li><li>• Post signage for employees and customers on good hygiene</li><li>• Ensure proper ventilation (<a href="#">OSHA guidance</a>)</li><li>• Avoid gatherings (meetings, waiting rooms, etc) of more than 10 people</li><li>• Implement symptom monitoring protocols (including workplace temperature monitoring and symptom screening questions) where possible (<a href="#">Additional Guidance</a>)</li><li>• Eliminate or regularly sanitize any items in common spaces (i.e., break rooms) that are shared between individuals (i.e., condiments, coffee makers, vending machines) (<a href="#">Additional Guidance</a>)</li><li>• Provide appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use (<a href="#">Additional Guidance</a>)</li></ul>	<ul style="list-style-type: none"><li>• Require employees showing any symptoms or signs of sickness, or who has been in contact with known positive cases to stay home. Connect employees to company or state benefits providers</li><li>• Provide flexible or remote scheduling for employees who need to continue to observe Stay-at-Home, who may have child or elder care obligations, or who live with a person who still needs to observe Stay-at-Home due to underlying condition, age, or other factor</li><li>• Encourage and enable remote work whenever possible</li><li>• Minimize all in-person meetings</li><li>• Provide hand washing facilities/stations and hand sanitizer</li><li>• Encourage breaks to wash hands or use hand sanitizer</li><li>• Phase shifts, breaks to reduce employee density</li><li>• Wear appropriate protective gear like gloves, masks, and face coverings and encourage appropriate use (<a href="#">Additional Guidance</a>)</li><li>• (<a href="#">Guidance to keep employees &amp; customers safe</a>)</li></ul>	<ul style="list-style-type: none"><li>• Create special hours for people at higher risk of severe illness from COVID-19.</li><li>• Encourage and facilitate 6-foot distancing inside of the business for all patrons</li><li>• Encourage use of protection like gloves, masks, and face coverings</li><li>• Provide hand sanitizer at entrance</li><li>• Install shields or barriers where possible between customers and employees</li><li>• Use contactless payment solutions, no touch trash cans, etc. whenever possible</li><li>• (<a href="#">Additional guidance to keep employees and customers safe</a>)</li></ul>





## GET PREPARED - UPDATE YOUR POLICIES

### **HR Policies (Excerpts from the CDC website)**

*Review human resources policies to make sure that policies and practices are consistent with public health recommendations and are consistent with existing state and federal workplace laws.*

#### **Sick Leave**

- Ensure that sick leave policies are flexible and consistent with public health guidance and that employees are aware of and understand these policies.
- Maintain flexible policies that permit employees to stay home to care for a sick family member or take care of children due to school and childcare closures.
- Additional flexibilities might include giving advances on future sick leave and allowing employees to donate sick leave to each other.
- Employers that do not currently offer sick leave to some or all of their employees may want to draft non-punitive “emergency sick leave” policies.
- Employees who have symptoms (i.e., fever, cough, or shortness of breath) should notify their supervisor and stay home.
- Sick employees should follow CDC-recommended steps. Employees should not return to work until the criteria to discontinue home isolation are met, in consultation with healthcare providers and state and local health departments.
- Employers should not require a positive COVID-19 test result or a healthcare provider’s note for employees who are sick to validate their illness, qualify for sick leave, or to return to work. Healthcare provider offices and medical facilities may be extremely busy and not able to provide such documentation in a timely manner.
- Employees who are well but who have a sick family member at home with COVID-19 should notify their supervisor and follow CDC recommended precautions.

#### **Physical Distancing Policies**

- Discourage workers from using other workers’ phones, desks, offices, cashier stations or other work tools and equipment, when possible. If necessary, clean and disinfect them before and after use.
- Physical distancing should be implemented if recommended by state and local health authorities. Think about what this means for breakrooms, cafeterias, shift meetings, group tasks, client meetings, etc.
- Review your policies or create new ones for telecommuting from home, flexible workhours, staggering shifts, meeting requirements, and travel options where applicable.



## PLANNING A SAFE REOPENING

**A Reopening Plan should be posted in your business and here's the best practices we recommend to protect your business from liability as well as keeping your customers and employees safe:**

- **Wearing Face Masks and proper usage.** (Recommended, not required) The Governor has mandated that essential businesses wear face masks during all 3 phases of COVID restrictions when working with the public until the executive order expires or is rescinded. (We are still seeking clarification on this for non-essential)
- **Taking Employee Body Temps.** (Recommended, not required) We recommend Employees take their before going onto their shift area. A temp of 99°F should be monitored every 1-2 hours, if it goes to 100+, then they must immediately isolate themselves and watch for symptoms. (CDC considers 100.4°F a fever). Touchless Infrared Forehead Thermometers are recommended. If you cannot get access to a touchless thermometer, then any other body thermometers must be carefully sanitized before usage, using approved disinfection products and procedures.
- **Symptom Monitoring.** Ask Employees to report if they feel sick or have any of the following symptoms (may appear 2-14 days after exposure): Fever, Cough, Shortness of breath or difficulty breathing, Chills / Repeated shaking with chills, Muscle pain, Headache, Sore throat, New loss of taste or smell.
- **Disinfecting Plan.** Disinfecting solutions should be at every public interaction area and employee work area and a plan should be made as to how often areas are cleaned and disinfected, including restrooms, cashier stations, POS stations, credit card readers, doorknobs, handrails, public areas, employee areas, company vehicles, offices, workstations, phones, keyboards, phones, staplers, and other work equipment.

### **Customer Contact Recommendations:**

- Sanitize hands after physical interaction with a customer or any monetary exchange.
- Sanitize any areas that a customer has touched at a service counter before interacting with the next customer.

### **Disinfecting Solutions:**

- To make a bleach solution, mix 5 tablespoons (1/3rd cup) bleach per gallon of water, OR 4 teaspoons bleach per quart of water
- Alcohol solutions with at least 70% isopropyl alcohol may also be used
- Any commercial disinfecting product labeled to kill coronavirus can be used
- Read labels carefully and research before mixing chemicals.

### • **Physical Distancing Plan.**

- (Recommended) All desks, customer service areas and seating, individual work stations, or work areas need to be separated by at least six feet.
- (Recommended) Markings have been placed at least six feet apart at customer line areas inside the store and/or on sidewalks to public entrances. Aisles are marked with 1-way directional notices.
- (Recommended) Order areas are separated from Pick up areas to prevent customers from gathering.
- (Recommended) Implement or maintain physical barriers for high-contact settings (e.g. see-through shields at cashier stations).

- **Crowd Control.** Plan on how you will monitor the number of customers onsite and how you will be notifying arrivals when the maximum allowed has been reached, along with what steps they should do to wait. The maximum number will be based on which reopening phase the county is in and cannot exceed your business maximum occupancy given physical distancing measures (think about if everyone was standing 6-feet apart, how many customers could there possibly be?). (Stay tuned for County exemption request update to state).
- **Employee Training & Test Runs.** (Recommended) Make sure all employees understand the plan, how to wear their face mask, what symptoms they should be monitoring themselves for, the sanitation schedule, and crowd control. Make sure to test run the sanitation plan, and add new areas as needed.





# A SAMPLE REOPENING PLAN

## SAMPLE BUSINESS REOPENING PLAN - NOT A REAL BUSINESS - NOT GUIDELINES

### EMPLOYEE SAFETY

- **Employees are required to wear a face mask.** The business will work on behalf of employees to obtain reusable face masks should they not be able to get their own. We will train every employee on proper usage and sanitation of their face masks and display posters on recommended procedures.
- **Employees will wash hands** when first entering the building, prior to taking their temperature.
- **Taking Employee Body Temps.** After washing their hands, employees will take their temperature and record it on a tracking sheet, sanitizing before and after use with alcohol. Any employees having temperatures of 100°F or higher will be sent home and instructed to isolate themselves and watch for symptoms.
- **Symptom Monitoring.** Employees will be asked to call in prior to their shift if they have any of the following symptoms: Fever, Cough, Shortness of breath or difficulty breathing, Chills / Repeated shaking with chills, Muscle pain, Headache, Sore throat, New loss of taste or smell. Employees exhibiting any of these symptoms will be asked to remain home, isolate and monitor their symptoms.

### BUSINESS DISINFECTING PLAN

- **Sanitizing Solutions.** A bleach disinfection solution containing 5T of bleach per gallon, and an 70% alcohol disinfecting solution set will be at the check out counter and the customer assistance counter, as well as in the back office and restrooms. The bleach solution is meant to be sprayed on countertops and other non-porous areas, and the alcohol solution is meant for hand sanitizing and areas where bleach is not recommended. Employees will be trained on proper usage of each.
- **Employee cleaning plan**
  - **Bathroom.** Employees will be sanitizing the bathroom toilet handles, door knobs, faucets, and soap dispensers every hour, or when any employee uses the bathroom. A logbook will be kept in each bathroom and reminders set at each hour.
  - **Office.** Before we sit down in the office, we will sanitize keyboards, computer mouse, and desk area.
  - **Public areas.** Employees will be sanitizing entrance, any other door knobs, and any display case handles.
  - **Customer Contact.** Employees will sanitize their hands with alcohol after physical interaction with a customer or any monetary exchange, along with any areas that a customer has touched at a service counter before interacting with the next customer.

### PHYSICAL DISTANCING PLAN

- There is only 1 office, 1 break room, & 1 check out counter and right now all are more than 6 feet apart.
- Markings have been installed on the floor every 6 feet at the check out counter.
- We have put up a see-through barrier at the check out counter.
- Employees and delivery people have been instructed to maintain their physical distance between each other. There is a plan to alternate breaks and lunch periods.

### CROWD CONTROL

- Normally, our maximum occupancy is 50. Our public space is 900 square feet, so the maximum number when taking in physical distancing guidelines is 25. Realistically, even though it's an open space, people don't congregate that way, so based on typical usage we have amended the maximum to 15 people.
- In phase 1, we will only allow a maximum of 10 people at any one time, and will increase to 15 at phase 2, which we will hold until all restrictions are lifted or changed.
- There will be a sign placed on the front entrance stopping customers from entering when the maximum is reached. Employees will keep a count of people and activate the sign when at capacity.

### COMMUNICATION AND MARKETING

- We have loaded this plan onto our website and Facebook pages, and will be doing a post to customers letting them know when we are open. We have updated our hours of operations on all platforms and notified suppliers we are back in business. An email will be sent to our existing customers letting them know opening details.



## COVID-19 HEALTH QUESTIONNAIRE & WAIVER - PERSONAL SERVICES

*For Businesses that offer personal services to customers that require physical contact*

Business: \_\_\_\_\_

Client Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Do you have any of the following symptoms?

- |                                            |                                              |
|--------------------------------------------|----------------------------------------------|
| <input type="checkbox"/> Fever             | <input type="checkbox"/> Dry Cough           |
| <input type="checkbox"/> Body Aches        | <input type="checkbox"/> Headaches           |
| <input type="checkbox"/> Sore Throat       | <input type="checkbox"/> Runny Nose          |
| <input type="checkbox"/> Tiredness         | <input type="checkbox"/> Shortness of Breath |
| <input type="checkbox"/> None of the Above |                                              |

Have you been in contact with anyone who has a confirmed case of COVID-19 in the past 14 days?

YES or NO

If you're a healthcare provider and the answer is YES, was this exposure without proper personal protective equipment (PPE)? YES or NO or NOT APPLICABLE

Have you been out of the country in the past 14 days? YES or NO

### RELEASE OF LIABILITY WAIVER

*State of Colorado*

I hereby agree that \_\_\_\_\_ has a proper sanitation and disinfection plan in place and is not responsible for any accidental transmission of COVID-19 that could occur by being in their business or within close proximity of each other.

I also agree that if I become symptomatic within 14 days of my visit, I will notify the business immediately.

Signature: \_\_\_\_\_

Today's Date: \_\_\_\_\_





# EMPLOYEE TEMPERATURE SHEET

Please Initial on the day that you took your temperature. Monitor hourly if you are at 99°F. If you reach 100°F, you should alert your supervisor and immediately go home and self-isolate yourself, monitoring for symptoms.

EMPLOYEE	MON	TUE	WED	THU	FRI	SAT	SUN

# #BackToBusinessMontezuma

## GOOGLE



### GOOGLE YOUR BUSINESS

**Google your business** and make sure the sites listed on your front page results contain your current information (hours of operation, special instructions for customers, and so forth). This is the first page your customers will see when they Google information about you - make sure it's correct!

## SOCIAL



### UPDATE SOCIAL MEDIA

**Update your business hours** on your "About" page. Create a post that includes your current hours of operation, procedures on shopping, and sanitation process, if applicable, so your customers know what to expect. Pin this post to the top of your page so customers see it first.

## EMAIL



### EMAIL BLAST

If you have an email list, use MailChimp, Constant Contact, or a direct email (blind-copy all addresses) to **welcome your customers back, and include any new processes or procedures they can expect when visiting you**. This is a great time to give your email subscribers an exclusive, members-only discount or coupon to bring them back in!

## CALL



### CALL CUSTOMERS

Nothing beats a personal call and talking directly to your customers and clients. Spend some time each day to **call customers and let them know that you're back in business!**



## ONLINE CHECKUP – OTHER IDEAS



Run a social media contest for a prize to reengage customers with your brand.

*Check your social media platform's guidelines for contest rules.*



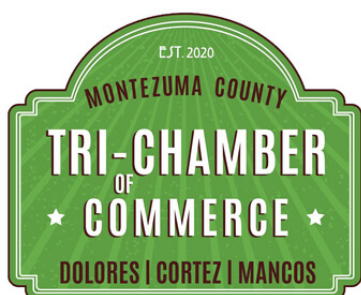
Broadcast "LIVE" on Facebook during your first week to give customers a virtual tour around your business, showcasing any physical distancing you've put in place.



### IMPROVE YOUR ONLINE PRESENCE

This is the perfect time to start working on your online business presence. The ability to do business online gives you the flexibility to more easily pivot during a crisis.

If you don't have a merchant web site set up yet, consider working on this now so you are able to sell your merchandise or services online.



## Here to Help

As you work your way through the reopening process, let us know what you're doing to engage customers so we can share your success with the community. Tell us what you need. We are here to help.

# POSTERS

The next 4 pages are posters you can print off and display at your entrance, in your business, or in employee areas.

These are sized for 8.5 x 11 paper, but if you can print larger sizes, we have an 11x17 version located online at:

**[visitdolores.com/back-to-business-toolkit](http://visitdolores.com/back-to-business-toolkit)**

All Toolkit Updates and links can also be found on this website

These posters can be ordered with custom sizing at:



**Pioneer Printing**  
(970)565-3381  
110 E Main St, Cortez  
[info@pioneer-printing.com](mailto:info@pioneer-printing.com)

**Brand Central**  
(970)564-1144  
113 E Main St, Cortez  
[swp@fone.net](mailto:swp@fone.net)



**Cortez Copy & Print**  
(970) 564-1778  
24 S Washington, Cortez  
[mwwwallis@fone.net](mailto:mwwwallis@fone.net)  
Cash only

Please reference them as  
**"Back-to-Business Toolkit"**  
Posters at printers.

**SYMPTOMS OF novel coronavirus (COVID-19), a cold and the flu**

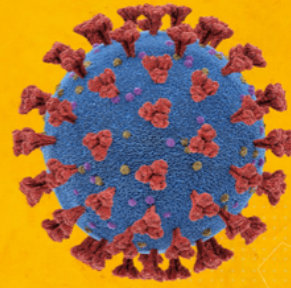
SYMPTOMS	COVID-19 Symptoms range from mild to severe	COLD Gradual onset of symptoms	FLU Abrupt onset of symptoms
Fever	Common	Rare	Common
Cough	Common	Common	Common
Sore throat	Sometimes	Common	Common
Shortness of breath	Sometimes	No	No
Fatigue	Sometimes	Sometimes	Common
Aches and pains	Sometimes	No	Common
Headaches	Sometimes	Common	Common
Runny or stuffy nose	Sometimes	Common	Sometimes
Diarrhea	Rare	No	Sometimes especially for children
Sneezing	No	Common	No

For more information, visit [www.health.qld.gov.au/coronavirus](http://www.health.qld.gov.au/coronavirus)  
Adapted from material produced by WHO, Centers for Disease Control and Prevention.





# COVID-19 NOTICE



**Has a COVID-19 Business Plan in place**

- ☐ Disinfection and Sanitation plan
- ☐ Physical distancing measures
- ☐ Protective gear (masks, gloves, barriers)
- ☐ Employee Training on COVID plan
- ☐ Temperature & Symptom Checks on Employees

**MAXIMUM OCCUPANCY:**

**We have done our best to minimize the possibility of exposure to Coronavirus, but exposure cannot be completely eliminated. PLEASE ENTER AT YOUR OWN RISK.**

## **DO YOUR PART, PLEASE:**

- Limit Groups
- Do not enter if you feel sick
- A face mask is strongly recommended
- Maintain a distance of 6-feet between people
- Leave at risk people at home when possible





# How to properly wear a face mask

1



ENSURE THE PROPER SIDE OF THE MASK FACES OUTWARDS

2



SECURE THE STRINGS BEHIND YOUR HEAD OR OVER YOUR EARS

3



PRESS THE METALLIC STRIP TO FIT THE SHAPE OF THE NOSE

4



COVER MOUTH AND NOSE FULLY MAKING SURE THERE ARE NO GAPS

5



WEAR MASK

6



DO NOT TOUCH THE MASK WHILE USING IT, IF YOU DO WASH YOUR HANDS

7



REMOVE THE MASK FROM BEHIND BY HOLDING THE STRINGS WITH CLEAN HANDS

**FACTS.**  
**OVER FEAR**  
COVID-19

## FACE COVERINGS

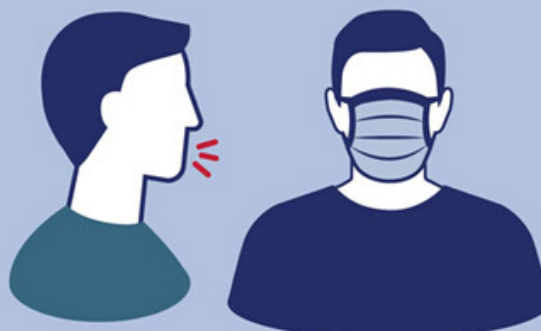


### GUIDANCE FOR EFFECTIVE USE



TRY NOT TO TOUCH YOUR FACE WHEN PUTTING ON AND TAKING OFF A FACEMASK

WASH YOUR CLOTH FACEMASK ROUTINELY WITH YOUR REGULAR LAUNDRY.



ALWAYS WASH YOUR MASK IF YOU HAVE BEEN AROUND SICK PEOPLE OR WHEN IT BECOMES WET OR VISIBLY DIRTY.

WASH YOUR HANDS BEFORE PUTTING ON YOUR MASK AND AFTER TAKING IT OFF.



**MAXIMUM  
CAPACITY REACHED**



---

**PLEASE WAIT FOR  
SIGN TO BE TURNED  
OR SOMEONE TO EXIT**



# SYMPTOMS OF novel coronavirus (COVID-19), a cold and the flu



SYMPTOMS	COVID-19 Symptoms range from mild to severe	COLD Gradual onset of symptoms	FLU Abrupt onset of symptoms
 Fever	Common	Rare	Common
 Cough	Common	Common	Common
 Sore throat	Sometimes	Common	Common
 Shortness of breath	Sometimes	No	No
 Fatigue	Sometimes	Sometimes	Common
 Aches and pains	Sometimes	No	Common
 Headaches	Sometimes	Common	Common
 Runny or stuffy nose	Sometimes	Common	Sometimes
 Diarrhea	Rare	No	Sometimes especially for children
 Sneezing	No	Common	No



## HELPFUL LINKS & INFO

### **STATE & FEDERAL LINKS**

**SAFER AT HOME:** <https://covid19.colorado.gov/safer-at-home>

**Dept of Labor - Coronavirus Resource:** <https://www.dol.gov/coronavirus>

**US Chamber of Commerce - COVID:** <https://www.uschamber.com/coronavirus>

**OSHA Guide:** <https://www.osha.gov/Publications/OSHA3990.pdf>

**Families First Coronavirus Act:**

<https://www.dol.gov/agencies/whd/pandemic/ffcra-employer-paid-leave>

**CDC Business Resources:**

<https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html>

**Filing Unemployment:** <https://www.colorado.gov/pacific/cdle/file-claim>

**SBA (Small Business Association) - EIDL & PPP Loans:** <https://www.sba.gov/>

### **LOCAL LINKS**

Southwest Health System COVID-19 Info Line: (970)564-2201

Montezuma County Public Health COVID Info Line: (970)564-4799

Axis Crisis Care Hotline: (970)247-5245



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